# Moran United Methodist Church

October 10, 2021 – Twentieth Sunday After Pentecost

Joanne Brown, Accompanist

Welcome Jeanie Cook

Welcome to worship! We are so glad that you have joined us to worship God today. Whether this is your first Sunday with us or you have been worshipping with us for many years, we want you to know that you are a beloved child of God and you belong here in our church family.

**Opening Prayer** Carol Bethel, Liturgist

O God, you made us in your own image and redeemed us through Jesus your Son:

Look with compassion on the whole human family; take away the arrogance and hatred

which infect our hearts; break down the walls that separate us;

unite us in bonds of love; and work through our struggle and confusion

to accomplish your purposes on earth;

that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord. Amen.

#### \* Hymn "This Is My Father's World"

**Prelude** 

Joanne Brown

This is my Father's world, and to my listening ears

All nature sings, and round me rings the music of the spheres.

This is my Father's world: I rest me in the thought

Of rocks and trees, of skies and seas; his hand the wonders wrought.

This is my Father's world, the birds their carols raise,

The morning light, the lily white, declare their maker's praise.

This is my Father's world: he shines in all that's fair;

In the rustling grass I hear him pass; he speaks to me everywhere.

This is my Father's world. O let me ne'er forget

That though the wrong seems oft so strong, God is the ruler yet.

This is my Father's world: why should my heart be sad?

The Lord is King; let heavens ring! God reigns; let the earth be glad!

Maltbie D. Babcock and Franklin L. Sheppard @ Public Domain

## Prayers of the People

You are invited to offer your prayers aloud to God or share them in the video comments if joining us on Facebook. Prayer requests can also be emailed to Pastor Cody at PastorNatland@gmail.com

**Pastoral Prayer** Rev. Dale Cockrum

### The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

\* **Hymn** "Give Thanks"

Janice Wrhel, with Crystal and Cody Natland

Give thanks with a grateful heart Give thanks to the Holy One Give thanks because He's given Jesus Christ His Son

And now let the weak say I am strong Let the poor say I am rich Because of what the Lord has done for us

Henry Smith @ 1978 Integrity's Hosanna! Music

Scripture Carol Bethel, Liturgist

### James 1:17-31 (NRSV)

Every good gift, every perfect gift, comes from above. These gifts come down from the Father, the creator of the heavenly lights, in whose character there is no change at all. He chose to give us birth by his true word, and here is the result: we are like the first crop from the harvest of everything he created. Know this, my dear brothers and sisters: everyone should be quick to listen, slow to speak, and slow to grow angry. This is because an angry person doesn't produce God's righteousness. Therefore, with humility, set aside all moral filth and the growth of wickedness, and welcome the word planted deep inside you—the very word that is able to save you.

You must be doers of the word and not only hearers who mislead themselves. Those who hear but don't do the word are like those who look at their faces in a mirror. They look at themselves, walk away, and immediately forget what they were like. But there are those who study the perfect law, the law of freedom, and continue to do it. They don't listen and then forget, but they put it into practice in their lives. They will be blessed in whatever they do. If those who claim devotion to God don't control what they say, they mislead themselves. Their devotion is worthless. True devotion, the kind that is pure and faultless before God the Father, is this: to care for orphans and widows in their difficulties and to keep the world from contaminating us.

### \* Song "You Are My Peace"

Janice Wrhel

I lay my burdens at Your feet I'm letting go of all the things I can't control In my frailty, Lord, I find Your strength I'm depending on a love that won't let go

Chorus So I trust You, I trust You,

I trust You, Oh, You are my peace (repeat)

Bridge 1: I don't have to be strong 'cause You are my strength

Oh You are my strength, oh You are my strength I don't have to hold on 'cause You don't let go

Oh You don't let go, oh You don't let go

Bridge 2: Are you weary? Come and lay your burdens down

His yoke is easy, there is rest to be found *(repeat)* 

Chorus

Benji Cowart, Jenna Cowart, Jonathan Jay, and Tony Brown © Bethel Music Publishing

Sermon All Good Gifts Rev. Dale Cockrum

### Invitation to the Offering

We invite you to give as God leads you to support the church and its ministries as we seek to embrace, inspire, and serve, making disciples of Jesus Christ for the transformation of the world. You can give online at www.moranumc.org/give, or by mailing your gift to the church at 3601 E 65<sup>th</sup> Ave / Spokane, WA 99223.

### \* **Hymn** "Here I Am, Lord"

Joanne Brown, with Crystal and Cody Natland

I, the Lord of sea and sky, I have heard my people cry.

All who dwell in dark and sin my hand will save.

I who made the stars of night, I will make their darkness bright.

Who will bear my light to them? Whom shall I send?

Refrain: Here I am, Lord. Is it I, Lord?

I have heard you calling in the night.

I will go, Lord, if you lead me.

I will hold your people in my heart.

I, the Lord of snow and rain, I have borne my people's pain.

I have wept for love of them. They turn away.

I will break their hearts of stone, give them hearts for love alone.

I will speak my word to them. Whom shall I send?

### Refrain

I, the Lord of wind and flame, I will tend the poor and lame,

I will set a feast for them. My hand will save.

Finest bread I will provide till their hearts be satisfied.

I will give my life to them. Whom shall I send?

Refrain

Dan Schute © 1981, 1983, 1989 Daniel L. Shutte and NALR

Benediction Rev. Dale Cockrum

All of us could well adopt as our life practice these words from James: Quick, Slow, Slow: quick to listen, slow to speak and slow to anger. Receive life with gratitude as a gift from our caring God. And welcome God's word planted within us and, as Nike adds, just do it! It is the way that leads to joy! Amen!

Postlude Joanne Brown

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#### Virtual Coffee Hour

Sundays at 11:30am on Zoom – Join us for a time of fellowship and connection immediately following the worship service.

Join by Computer/Tablet/Smartphone: <a href="https://greaternw.zoom.us/j/96460688631">https://greaternw.zoom.us/j/96460688631</a>

Join by Phone (home phone, landline, or cell – no internet required)

+1(253) 215-8782 (Meeting ID: 964 6068 8631) +1(346) 248-7799 (Meeting ID: 964 6068 8631)

### **Weekly Live-Streamed Services**

Sundays at 10:30am Online via Live-Stream (Facebook & Website)

As we move further into the fall season, the weather is making a more decisive shift into colder temperatures and more frequent rain. While we give thanks for this weather change and what it means for the replenishment of God's creation, it creates challenges for our outdoor worship services.

We have made the decision to discontinue our outdoor worship services at this time, and **we will move our services to online-only for the rest of the month of October.** We will continue to live-stream our services on Sunday mornings to our Facebook page at www.facebook.com/moranchurch and our website at www.moranumc.org.

We hope that we won't be spending too many weeks only being able to worship together online. Our Reimagining Team is continuing to meet every two weeks to assess local case rates and other data, and to evaluate our plans for a safe reopening as soon we are able. We are seeing encouraging movement in our trends, and we know that our Moran church family is all eagerly anticipating our return to worship together in our Sanctuary.

### Welcoming Refugees – Linen Welcome Kits for World Relief

The Missions Team is asking for your help in creating Linen Kits to welcome refugees who are being resettled in the Spokane area through World Relief. Refugees often flee from their homes at a moment's notice, and they arrive in Spokane with very few belongings to begin a new life. These welcome kits will help to ensure that the family has some of their most basic necessities for getting settled into their new homes.

Donations can be brought to the church on Sunday mornings, during our "Mission Monday" drop-off from 10am-Noon on Mondays, or during office hours (Mon, Wed, and Thurs from 10am-3pm). Please donate only new, unused items.

- Bed Linens: Twin or Queen

Comforter: Twin or Queen

- Towel Sets (bath, hand, face)

Blankets: Twin or Queen

Pillows

- \$25 gift cards (Dollar Tree, Amazon, Walmart, Winco, Target)

#### Weekday Morning Prayer Group -- Weekdays at 9am on Zoom

We meet on Monday through Friday mornings for prayer, scripture, and a short meditation.

Join Morning Prayer by Computer/Smartphone/Tablet: <a href="https://greaternw.zoom.us/j/349727648">https://greaternw.zoom.us/j/349727648</a>
Connect via Phone (home phone, landline, cell phone):

+1 (253) 215-8782 (Meeting ID: 349 727 648) +1 (346) 248-7799 (Meeting ID: 349 727 648)

### Monday Vespers and Holy Communion -- Mondays at 6:30pm

Connect via Facebook Live: www.facebook.com/moranchurch

Connect via Zoom (computer/tablet/smartphone: <a href="https://greaternw.zoom.us/j/97155799598">https://greaternw.zoom.us/j/97155799598</a>

Connect via Phone (home phone, landline, cell phone):

+1 (253) 215-8782 (Meeting ID: 971 5579 9598) +1 (346) 248 7799 (Meeting ID: 971 5579 9598)

### Pub Theology -- Tuesdays at 6pm on Zoom

Join by Computer/Smartphone/Tablet: https://greaternw.zoom.us/j/794159957

Connect via Phone (home phone, landline, cell phone):

+1 (253) 215-8782 (Meeting ID: 794 159 957) +1 (346) 248-7799 (Meeting ID: 794 159 957)

### Wednesday Bible Study: Paul's Epistle to Titus -- Wednesdays from 6-7:15pm on Zoom

Join by Computer/Smartphone/Tablet: <a href="https://greaternw.zoom.us/j/276855082">https://greaternw.zoom.us/j/276855082</a>

Join by Phone (dial either of these numbers):

+1 (253) 215-8782 (Meeting ID: 276 855 082) +1 (346) 248-7799 (Meeting ID: 276 855 082)

### New Study: Finding Peace in an Anxious World

Thursdays at 10:00am beginning October 14th Moran UMC -- Disciples/Shepherds Room

This new four-week study will be led by Pastor Cody and held in person at Moran UMC in the Disciples/Shepherds Room. Reading through parts of the book of Proverbs and the words of "The Serenity Prayer," will explore ways that we can connect deeply with God through prayer and other spiritual disciplines when life gets overwhelming. Our time together will include not only learning and discussion, but also opportunities to engage in some new spiritual disciplines that will help us to deepen and strengthen our connections with God.

We are excited to be offering this study in person, and ask that participants wear masks and socially distance. The Disciples/Shepherds Room is located at the far east end of the building.

This study will be guided by the book "Finding Peace in an Anxious World," written by the staff of Urban Village Church, a United Methodist congregation in Chicago. While the book is not required for this study, it is available for \$10 at <a href="https://www.umwmissionresources.org">www.umwmissionresources.org</a>, or the Kindle version is available for \$5.95 on Amazon.

### Lord, Hear Our Prayers...

- For Elizabeth Williams, who will have surgery on Friday, October 8th to remove a large tumor in her brain. We also lift up Crystal, her siblings, and the Natland family as they support her with her surgery and recovery.
- For **Charley Natland**, who broke his right big toe.
- For **Courtney Nelson**, who is currently hospitalized with COVID-19 pneumonia in both lungs.
- For **Baby Alex**, the Raineys' grandson, who has pneumonia.
- For **Bob Tweedy**, who is recovering from a fall.
- For Martin Nelson, somebody Lois Moller knows, who is at Harborview Burn Unit with severe burns after surviving an explosion. Prayers also for Martin's daughter and ex-wife.
- For **Jace**, Lois Moller's grandson, **and for Jace's family** as they are all fighting COVID-19. Jace's mother has mild pneumonia and some other issues.
- For **Richard Smith**, as his doctor believes his cancer has returned and has referred him to an oncologist. Richard has also been diagnosed with diabetes.
- For Sally Hall and her daughter Hazel (Hazel is Joan King's best friend) as Sally is back in the hospital and unable to walk or stand.
- For **Brian**, Susie Karnesky's cousin, who is in the ICU with COVID-19 and on a ventilator.
- For **Dennis Rainey**, who is having health problems and awaiting diagnosis.
- For **Maddie**, Harriet Van Wyck's granddaughter's friend, recovering from serious injuries.
- For many in our church and community who have family, friends, and other loved ones who have been **diagnosed with COVID-19**.
- For Gerald Bertram as he undergoes treatment for cancer.
- For Lis McCrea-Jones, who is recovering from knee surgery.
- For all recovering from the impact of natural disasters.
- For the people of **Afghanistan** as they face violence, oppression, and instability.
- For Ardis Storms, who is recovering from recent illness.

- For Joanne Brown, who has been having weakness due to low blood pressure.
- For wildfire containment, firefighters, and the communities impacted by wildfires and poor air quality across the western United States.
- For **Kathleen**, Susie Karnesky's sister, who is healing after surgery for broken vertebrae.
- For **Vanessa**, Jacque Davis' grandson's wife, who is continuing to heal and adjust to life in a wheelchair. We also pray for her husband **Tony** and son **Jack** as they all adjust together.
- For the McCrea-Jones Family.
- For **Christy Tweedy**, recovering from a stroke.
- For Joni Swartout, recovering from recent illness.
- For Karen Tauscher as she continues her cancer treatments.
- For **Avery**, Joan King's friend, who is battling cancer.
- For Lynley, the daughter of a childhood friend of Harriet Van Wyck.
- For **Ed Malcolm** as he manages pain in his esophagus, back, and hip.
- For those impacted by bullying, racism, discrimination, and racist violence, and we pray for change in our nation.
- For all who are sick, recovering, and grieving deaths from **COVID-19**. For those experiencing **loneliness and isolation**. For **hospitals**, **medical centers**, and **medical workers**.
- For our church leaders as they continue to support a safe reopening process for our church and those around our Annual Conference. For our local church leaders and our Bishop, Rev. Elaine Stanovsky.