

# Moran United Methodist Church

February 7<sup>th</sup>, 2021 Worship Bulletin  
Fifth Sunday in Epiphany

## Welcome

Welcome to worship! Though we are unable to gather in person today, we can still worship together and celebrate the gift of the Holy Spirit, who keeps us connected even while we are apart. This service will be livestreamed on Sunday morning at 10:30am via Facebook Live ([www.facebook.com/moranchurch](http://www.facebook.com/moranchurch)) and on the front page of our website ([www.moranumc.org](http://www.moranumc.org)). The recording will be available immediately following the livestream.

## Call to Worship *(you are invited to read this responsively)*<sup>1</sup>

Leader: Grace and love are poured upon us this day!

**People: God is with us, always offering God's healing love.**

Leader: Now is the time for us to be people of action, not just to sit silently and hear the good news.

**People: Now is the time to seek the good; to heal those who are broken; to offer peace and hope.**

Leader: Thanks be to God who has blessed us and called us here.

**People: Let us seek to do good to others, to share God's grace and love with all the world. Let us rejoice in the mission to which God has directed us. Amen.**

## Hymn

"Come, Thou Fount of Very Blessing"

<http://bit.ly/ComeThouLyrics>

## Prayers of the People

*You are invited to offer your prayers aloud to God or share them in the video comments if watching on Facebook. Prayer requests can also be emailed to Pastor Cody at [PastorNatland@gmail.com](mailto:PastorNatland@gmail.com)*

## Pastoral Prayer

### The Lord's Prayer

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.**

## Hymn

"Take My Life and Let It Be"

<http://bit.ly/TakeMyLyrics>

## Scripture

### ***Ephesians 4:25-32 (NRSV)***

So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you.

**Matthew 5:43-48 (NRSV)**

“You have heard that it was said, ‘You shall love your neighbor and hate your enemy.’ But I say to you, Love your enemies and pray for those who persecute you, so that you may be children of your Father in heaven; for he makes his sun rise on the evil and on the good, and sends rain on the righteous and on the unrighteous. For if you love those who love you, what reward do you have? Do not even the tax collectors do the same? And if you greet only your brothers and sisters, what more are you doing than others? Do not even the Gentiles do the same? Be perfect, therefore, as your heavenly Father is perfect.

**Hymn** "Make Me A Servant" <http://bit.ly/AServantLyrics>

**Sermon** *Three Simple Rules: Do Good* Rev. Cody Natland

**Invitation to the Offering**

We invite you to continue to give your pledged gifts, offerings, and tithes to support the church and its ministries. Though the building is empty, our ministries continue to be active, and many of our expenses continue during this season. Please give as your financial situation allows.

You can give online at [www.moranumc.org/give](http://www.moranumc.org/give), or you can mail your donation to the church at 3601 E 65<sup>th</sup> Ave / Spokane, WA 99223.

**Song** "I Will Follow" <http://bit.ly/LyricsWillFollow>

**Benediction**

Renewed by the power of God’s unconditional love and forgiveness; strengthened by the witness of Jesus to be of service to others, we go from this place rejoicing in the opportunities to serve others in Christ’s name. Go in peace, and may the peace of God always dwell within you. Amen. <sup>2</sup>

<sup>1</sup> Call to Worship adapted from Nancy Townley. Used with permission. Accessed at <https://www.ministrymatters.com/all/entry/8725/worship-connection-february-7-2021>.

<sup>2</sup> Benediction written by Nancy Townley. Used with permission. Accessed at <https://www.ministrymatters.com/all/entry/8381/worship-connection-august-30-2020>

*Permission for the use of the music in this service and livestream given by CCLI. CCLI License 1507867; CCLI Streaming License CSPL155631.*

**Virtual Coffee Hour**

Sundays at 11:30am on Zoom

*Immediately following the worship service*

Join by Computer/Tablet/Smartphone: <https://greaternw.zoom.us/j/96460688631>

Join by Phone (home phone, landline, or cell – no internet required)

+1 (253) 215-8782 (Meeting ID: 964 6068 8631)

+1 (346) 248-7799 (Meeting ID: 964 6068 8631)

**Monday Vespers and Holy Communion**

Monday Evenings at 6:30pm

Connect via Facebook Live: [www.facebook.com/moranchurch](http://www.facebook.com/moranchurch)

Connect via Zoom (computer/tablet/smartphone: <https://greaternw.zoom.us/j/97155799598>)

Connect via Phone (home phone, landline, cell phone):

+1 253 215 8782 (Meeting ID: 971 5579 9598)

+1 346 248 7799 (Meeting ID: 971 5579 9598)

### **Mission Monday Drive-Through**

*Mondays from 10:00am - Noon at Moran UMC*

*Shalom Ministries and Second Harvest*

We invite you to curbside drop-off of any donations you have for Shalom Ministries and Second Harvest on Monday mornings from 10:00am - Noon at Moran UMC. Bins for donations to each of these organizations will be available along the curb at the front of the church building.

### **Anti-Racism Book Study and Discussion**

Monday Afternoons at 1pm (Zoom)

We wrapped up our discussion of the book *Between the World and Me* by Ta-Nehisi Coates at the end of January. We will continue to engage in conversation and racial justice work together in February as we begin a new book together on Monday, February 8th. We will also continue to talk about how to implement what we are learning in this study in our everyday lives and in the life of our church.

Please join us on Monday afternoons beginning February 8th as we read and discuss the book *How to Be An Anti-Racist* by Ibram X. Kendi. Dr. Kendi is a professor of history and the director of the Boston University Center for Antiracist Research. The book is available at the library, from Amazon, or from other booksellers. If you would like to participate but are unable to get a copy of the book, please let Pastor Cody know and he will make sure you can fully participate.

Join on Zoom by computer/tablet/smartphone: <https://greaternw.zoom.us/j/276855082>

Join by Phone (home phone, landline, cell)

+1 (253) 215-8782 (Meeting ID: 276 855 082)

+1 (346) 248-7799 (Meeting ID: 276 855 082)

### **Souper Bowl -- Souper Donations**

The Super Bowl is this Sunday, and we usually have a potluck and special performance from the Mischief Maidens to celebrate. Unfortunately, that isn't possible this year due to the pandemic. Even though we can't have our usual festivities, **we invite you to give donations of soup this month for Second Harvest.** You can drop off those donations on Mondays during our "Mission Mondays" from 10am-Noon, or call the church office to make arrangements to drop off at another time.

### **Renewing Our Missionary Partnership with Katherine Parker**

Every year in February we have a special fund drive to support and renews our covenant relationship with Missionary Katherine Parker who serves in Nepal. Her work focuses on maternal and child health, water, sanitation, and hygiene. She had to come back to the states because of the pandemic, but continues her work in Nepal from California. We can continue to be a blessing to our community and abroad by offering kindness and love, and by our support for Katherine Parker's incredible

ministry.

We invite you to give a special gift this month as you are able to support our church's commitment to covenant with Katherine Parker in her missionary work. You can give to this special offering by mailing your gift to the church or giving online at [moranumc.org/give](http://moranumc.org/give) and putting a note on your gift that it is for "Missionary Support: Katherine Parker."

---

### **Ash Wednesday Worship Service**

*Wednesday, February 17<sup>th</sup> at 7:00pm via Livestream (Facebook & Website)*

Please join us for our Ash Wednesday Service on Wednesday, February 17<sup>th</sup> at 7:00pm via livestream on Facebook and on our church website. You can access the service in the same way you access our Sunday morning worship services. This service will be a collaborative service offered by the District Superintendents of the Inland District and Seven Rivers District, and shared by many of the churches in those two districts.

We are working on putting together materials for an at-home Ash Wednesday worship experience for those without internet access, and we will share more information in our Moran Weekly (and in the weekly mailer for those without email) once we have more details.

---

### **Wednesday Evening Lenten Study**

*The Walk: Five Essential Practices of the Christian Life*

Wednesdays from 6-7:15pm, beginning February 24<sup>th</sup> (Zoom)

During the season of Lent, we commit to preparing our hearts and souls for the good news of Jesus' resurrection on Easter. Historically, this is a season of fasting and spiritual discipline, where we intentionally focus on our relationship to and with God. This year, we will focus on growing closer to God through spiritual disciplines and practices throughout the Lenten season.

Please join us on Wednesday evenings beginning on February 24<sup>th</sup> from 6-7:15pm on Zoom. We will be working through a study series called *The Walk: Five Essential Practices of the Christian Life* by Rev. Adam Hamilton. In *The Walk*, Hamilton focuses on five spiritual practices that are rooted in Jesus' own walk with God and taught throughout the New Testament. Each of these practices is a part of our daily walk with Christ and an essential part of growing together in the church.

The video segments will be available for you to watch online each week in preparation for our study sessions, which will take place on Zoom. Stay tuned this month (in our Moran Weekly emails or in your mailed weekly bulletin) for specific information on how to access those videos once they are available. The accompanying book is optional, and Pastor Cody has a few copies available for \$10 each. They can also be found on Amazon or Cokesbury. *If the cost of purchasing the book is a burden for you, but you would like a copy, please contact Pastor Cody and he will ensure that you are able to get a copy.*

Join by Computer/Smartphone/Tablet:

<https://greaternw.zoom.us/j/276855082>

Join by Phone (dial any of these numbers):

+1 (253) 215-8782 (Meeting ID: 276 855 082)

+1 (346) 248-7799 (Meeting ID: 276 855 082)

---

## Covid-19 Vaccine -- Phase 1B

Washington State is now in Phase 1B of the Covid-19 Vaccine rollout. This means that current eligibility includes anyone who is over the age of 65, and all people 50 and older who live in a multigenerational household.

Some of our church members have shared that they have had success scheduling vaccinations through the **MyChart/Patient Portal** for both **Providence** and **Multicare**. **CHAS** is operating a mass vaccine clinic at the Spokane Arena, which has a limited supply of vaccines available daily. Vaccine appointment scheduling will reopen on Tuesday, February 9th at 5pm.

For those who are patients of Multicare, you can also call their automated vaccine information line at 833-770-0530 to be added to the vaccine waitlist and/or sign up for text updates.

If you are included in Phase 1B and need assistance with making an appointment for a vaccination, please contact the church office and we will try to help.

---

## Prayer Requests

- For **Alia Smith and her family**. Alia's Uncle **Jeff** passed away on Saturday, February 6th from complications from Covid-19. We pray for comfort, strength, and peace for Jeff, for his wife **Margie**, and for all of their family.
- For **Harriet Van Wyck**, healing from vertigo.
- For **Crystal Natland** as she continues to heal from an emergency appendectomy on Sunday, January 31st. Crystal is doing very well, and the Natlands share their thanks for all of the prayers and support from their church family.
- For **Ardis Storms**, who shares that she is feeling much better this week as she continues to recover at home from kidney failure.
- For Jane Bates' daughter, **Kyla**, who is home recovering from surgery after breaking multiple bones in January.
- For **Shirley Malcolm** who is recovering from two fractures in her arm after a fall.
- For Lois Moller's cousin, **Randy**, who is recovering from heart surgery.
- For **Penny Herold**, who is sick with a severe case of sinusitis.
- For **Karen Tauscher** as she continues her cancer treatments. Karen continues treatment for the tumor in her brain, but celebrates that the tumor in her lung is gone!
- For **Barbara Caviezel** as she continues to recover at home from kidney failure.
- For **Richard Smith** as he prepares to move to England in May.
- For our **family members, friends, and community members who are ill with Covid-19**.
- For Joan King's friends, **Avery** and **Monica**, who are battling cancer.
- For **Lynley**, the daughter of a childhood friend of Harriet Van Wyck.
- For **Ed Malcolm** as he manages pain in his esophagus.
- For **Jeannie McDermott**, as her eye continues to heal and her vision is slowly improving.
- For the **McCrea-Jones Family**.

- For all who are sick, recovering, and grieving deaths from **COVID-19**. For those experiencing **loneliness and isolation**.
- For those **recovering from natural disasters and wildfires**.
- For those who are working for change in our nation around issues of **racial justice**.
- For our **church leaders** as they continue to envision a gradual, phased reopening process for our church and those around our Annual Conference. For our local church leaders and our Bishop, Rev. Elaine Stanovsky.