

# Moran United Methodist Church

## August 15, 2021 – Twelfth Sunday After Pentecost

### Prelude

Joanne Brown, Accompanist

### Welcome

Rev. Cody Natland, Pastor

Welcome to worship! Whether you are joining us in person at our outdoor worship service or virtually on our livestream, we are glad you have joined us to worship God today.

Masks are optional at our outdoor worship services for those who are fully vaccinated, and continue to be required for those who are not fully vaccinated. Masks also continue to be required while singing and we will continue to observe social distancing.

### Opening Prayer

Debbie Maxson, Liturgist

Lord of life and hope, we gather this day seeking nourishment for our souls and healing for our spirits. Give to us your living bread, that having been nourished in soul and spirit, we may be witnesses to your transforming love. Through the ministry and mission of Jesus Christ, the Bread of Life, we offer this prayer. AMEN.<sup>1</sup>

\* **Song** "Praise To The Lord, The Almighty" Janice Wrhel with Crystal & Cody Natland

*Bridge* Hallelujah, Hallelujah  
Hallelujah, Hallelujah

Praise to the Lord, the Almighty, the King of creation!  
O my soul, praise him, for he is thy health and salvation!  
All ye who hear, now to his temple draw near;  
Join me in glad adoration!

*Bridge*

Praise to the Lord, who o'er all things so wondrously reigning  
Bears thee on eagle's wings, e'er in his keeping maintaining.  
God's care enfolds all, whose true good he upholds.  
Hast thou not known his sustaining?

*Bridge*

Praise to the Lord, who doth prosper thy work and defend thee;  
Surely his goodness and mercy here daily attend thee.  
Ponder anew what the Almighty can do,  
Who with his love doth befriend thee.

*Bridge*

Praise to the Lord, who doth nourish thy life and restore thee  
Fitting thee well for the tasks that are ever before thee.  
Then to thy need God as a mother doth speed,  
Spreading the wings of grace o'er thee.

*Bridge*

Praise to the Lord! O let all that is in me adore him!  
All that hath life and breath, come now with praises before him!  
Let the amen sound from his people again;

Gladly forever adore him.

### *Bridge*

*Catherine Winkworth & Joachim Neander © Public Domain; Translation of stanzas 2 and 4 by S. Paul Schilling and Rupert E. Davies © 1989 The United Methodist Publishing House*

## **Prayers of the People**

*You are invited to offer your prayers aloud to God or share them in the video comments if watching on Facebook. Prayer requests can also be emailed to Pastor Cody at [PastorNatland@gmail.com](mailto:PastorNatland@gmail.com)*

## **Pastoral Prayer**

### **The Lord's Prayer**

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.**

## **Sign Choir**

"Agnus Dei"

Janice Wrhel

Alleluia, Alleluia,  
For the Lord God Almighty reigns  
Alleluia, Alleluia,  
For the Lord God Almighty reigns  
Alleluia, Alleluia

You are holy, holy  
Are you Lord God Almighty  
Worthy is the Lamb  
Worthy is the Lamb

You are holy, holy

*Michael W. Smith © Sony/ATV Milene Music*

## **Scripture**

Debbie Maxson, Liturgist

### ***Psalm 111 (NRSV)***

Praise the LORD!  
I will give thanks to the LORD with my whole heart,  
in the company of the upright, in the congregation.  
Great are the works of the LORD,  
studied by all who delight in them.  
Full of honor and majesty is his work,  
and his righteousness endures forever.  
He has gained renown by his wonderful deeds;  
the LORD is gracious and merciful.  
He provides food for those who fear him;  
he is ever mindful of his covenant.  
He has shown his people the power of his works,  
in giving them the heritage of the nations.  
The works of his hands are faithful and just;  
all his precepts are trustworthy.

They are established forever and ever,  
to be performed with faithfulness and uprightness.  
He sent redemption to his people;  
he has commanded his covenant forever.  
Holy and awesome is his name.  
The fear of the LORD is the beginning of wisdom;  
all those who practice it have a good understanding.  
His praise endures forever.

**John 6:51-58 (NRSV)**

I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

The Jews then disputed among themselves, saying, “How can this man give us his flesh to eat?” So Jesus said to them, “Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.”

\* **Hymn**                      "Break Thou The Bread of Life"                      Janice Wrhel & Crystal Natland

Break thou the bead of life, dear Lord, to me,  
As thou didst break the loaves beside the sea;  
Beyond the sacred page I seek thee, Lord;  
My spirit pants for thee, O Living Word!

Bless thou the truth, dear Lord, to me, to me,  
As thou didst bless the bread by Galilee;  
Then shall all bondage cease, all fetters fall;  
And I shall find my peace, my all in all.

*Mary A Lathbury & William F. Sherwin © Public Domain*

**Sermon**                      *Bread Of Life: You Are What You Eat*                      Rev. Cody Natland

**Invitation to the Offering**

*We invite you to give as God leads you to support the church and its ministries as we seek to embrace, inspire, and serve, making disciples of Jesus Christ for the transformation of the world. You can give online at [www.moranumc.org/give](http://www.moranumc.org/give), or by mailing your gift to the church at 3601 E 65<sup>th</sup> Ave / Spokane, WA 99223.*

\* **Hymn**                      "Shout To The Lord"                      Janice Wrhel with Crystal & Cody Natland

My Jesus, my Savior, Lord there is none like you  
All of my days I want to praise the wonders of your mighty love  
My comfort, my shelter, tower of refuge and strength  
Let every breath, all that I am, never cease to worship you

Shout to the Lord, all the earth, let us sing  
Power and majesty, praise to the King  
Mountains bow down and the seas will roar

At the sound of your name  
 I sing for joy at the work of your hands  
 Forever I'll love you, forever I'll stand  
 Nothing compares to the promise I have in you

*Darlene Zschech © 1993 Wondrous Worship*

## **Benediction**

Rev. Cody Natland

We have been fed by the Bread of Life, which nourishes and sustains us. Now go forth into God's world as members of the Body of Christ to nourish others and share with them the Bread of Life which gives life to all the world. Go in peace. Amen.

## **Postlude**

Joanne Brown

<sup>1</sup> *Opening prayer written by Nancy Townley, accessed at <https://www.ministrymatters.com/all/entry/2995/worship-connection-august-15-2021>*

*Permission for the use of the music in this service and livestream given by CCLI. CCLI License 1507867; CCLI Streaming License CSPL155631.*

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## **Virtual Coffee Hour**

Sundays at 11:30am on Zoom – Immediately following the worship service

Join by Computer/Tablet/Smartphone: <https://greaternw.zoom.us/j/96460688631>

Join by Phone (home phone, landline, or cell – no internet required)

+1 (253) 215-8782 (Meeting ID: 964 6068 8631)

+1 (346) 248-7799 (Meeting ID: 964 6068 8631)

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## **Weekly Outdoor Worship Services (Weather Permitting)**

Sundays at 10:30am on the lawn at Moran UMC & Virtual via Live-Stream (Facebook & Website)

Join Sunday mornings at 10:30am as we gather outdoor worship services on the lawn (with space available for chairs on the flat parking lot, as well) at Moran UMC near the gazebo. Masks are now optional at our outdoor worship services for those who are fully vaccinated, and continue to be required for those who are not fully vaccinated. Masks will also continue to be required while singing. We will continue to observe social distancing.

Our services are also live-streamed on Facebook and our website at 10:30am.

*If we need to cancel the in-person service due to weather or air quality concerns, a cancellation will be announced via email as early as possible (we aim for no later than Thursday). We will cancel for weather warnings issued by the National Weather Service; air quality cancellations will be made when the AQI is above 100 in our area as reported by the Spokane Regional Clean Air Agency.*

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## **Weekday Morning Prayer Group -- Weekdays at 9am on Zoom**

We meet on Monday through Friday mornings for prayer, scripture, and a short meditation.

Join Morning Prayer by Computer/Smartphone/Tablet: <https://greaternw.zoom.us/j/349727648>

Join by Phone (dial any of these numbers):

+1 (253) 215-8782 (Meeting ID: 349 727 648)

+1 (346) 248-7799 (Meeting ID: 349 727 648)

**Pub Theology** -- Tuesdays at 6pm on Zoom

Honest conversations about things that matter. All viewpoints are welcome and encouraged as we talk about a wide variety of topics ranging from theology and philosophy to current events and personal experiences.

Join by Computer/Smartphone/Tablet: <https://greaternw.zoom.us/j/794159957>

Join by Telephone:

+1 (253) 215-8782 (Meeting ID: 794 159 957)

+1 (346) 248-7799 (Meeting ID: 794 159 957)

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**Wednesday Bible Study: The Epistle of James** -- Wednesdays from 6-7:15pm on Zoom

This Wednesday, we will begin a new study series on the Epistle of James. Join us this week as we look at the background, history, and overall focus of the book. Please read through the first chapter of the Epistle of James in preparation for the session if you are able.

Join by Computer/Smartphone/Tablet: <https://greaternw.zoom.us/j/276855082>

Join by Phone (dial any of these numbers):

+1 (253) 215-8782 (Meeting ID: 276 855 082)

+1 (346) 248-7799 (Meeting ID: 276 855 082)

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**Monday Vespers and Holy Communion** -- Mondays at 6:30pm

Connect via Facebook Live: [www.facebook.com/moranchurch](http://www.facebook.com/moranchurch)

Connect via Zoom (computer/tablet/smartphone: <https://greaternw.zoom.us/j/97155799598>)

Connect via Phone (home phone, landline, cell phone):

+1 253 215 8782 (Meeting ID: 971 5579 9598)

+1 346 248 7799 (Meeting ID: 971 5579 9598)

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**Lord, Hear Our Prayers...**

- For **Barbara**, Nina Young's daughter, who is in the ICU with Covid-19. We pray also for Nina and all of the family as communication with Barbara's doctors about her condition has been a challenge.
- For **wildfire containment, firefighters**, and the **communities** impacted by wildfires and poor air quality.
- For **Jane Bates**, who is under the care of hospice.
- For **Valerie**, Jane Bates' daughter, and her family who live in California and have had to evacuate her home due to a wildfire.
- For **Cedar Natland**, who is continuing to recover from tonsil surgery a week ago.
- For **Kay Chinen**, Penny Herold's sister-in-law, and other residents of **Moran Vista** where there has been an outbreak of Covid. We also pray for the residents of the **Veteran's Home** and others who are suffering from Covid.
- For **Kelly Casto**, the Kifers' daughter, who is recovering from complications after surgery to remove kidney stones.
- For **Kathy Powers**, Lois Moller's niece, who is recovering from surgery for thyroid cancer.
- For **Bob Thompson**, who is recovering at home from a heart attack and triple bypass surgery.
- For **Troy**, Priscilla Bowen's son-in-law, awaiting surgery to remove kidney stones.

- For Gail Allgood's friend, **Mark**, who is recovering from surgery for colon cancer.
- For Sally and Dennis' grandson, **Alex**, who is struggling with eating. We pray for his growth and strength, for his parents **Mandy** and **Eric**, and for discernment for his doctors to find the reason for his difficulties.
- For **Kathleen**, Susie Karnesky's sister, who is healing after surgery to replace broken vertebrae.
- For **Shirley and Roger**, step-mother and father of Sally Rainey's friend **Kerri**.
- For **Vanessa**, Jacque Davis' grandson's wife, who is continuing to heal and adjust to life in a wheelchair. We also pray for her husband **Tony** and son **Jack** as they all adjust to these new limitations and realities.
- For the **McCrea-Jones Family**.
- For **Christy Tweedy**, recovering from a stroke.
- For Ed Malcolm's brother-in-law, **Claude**, recovering from a fall and broken bones. We also pray for his wife, **Fay**, as she cares for him.
- For **Sandra Prizeman**, continuing to recover from brain surgery.
- For **Joni Swartout**, recovering from recent illness.
- For **Bill**, Harriet Van Wyck's childhood friend's brother, with terminal cancer.
- For **those impacted by racism, discrimination, and racist violence**, and we pray for **change in our nation**.
- For **Karen Tauscher** as she continues her cancer treatments.
- For **Avery**, Joan King's friend, who is battling cancer.
- For **Lynley**, the daughter of a childhood friend of Harriet Van Wyck.
- For **Ed Malcolm** as he manages pain in his esophagus and back.
- For all who are sick, recovering, and grieving deaths from **COVID-19**. For those experiencing **loneliness and isolation**.
- For our **church leaders** as they continue to support a safe reopening process for our church and those around our Annual Conference. For our local church leaders and our Bishop, Rev. Elaine Stanovsky.